

AT A GLANCE

Community First Choice Option

- Offers states additional flexibility to finance home and community-based services (HCBS) attendant services and supports.
- Individual must meet institutional level of care.
- Provides 6% enhanced federal match.
- Services must be provided statewide, to all who qualify, without discrimination based on age, type or severity of disability, or the form of services required.
- State must spend as much or more on HCBS as in the prior year.
- Requires Development and Implementation Council with majority elderly, people with disabilities, and representatives.

Required Services: States taking up this option must provide the following:

- Assistance with activities and instrumental activities of daily living (ADLs and IADLs) and health-related tasks, including hands-on assistance, cuing, and supervision.
- Acquisition, maintenance, and enhancement of skills to complete those tasks.
- Back-up systems, such as beepers, that will ensure continuity of care and support.
- Training on hiring and dismissing attendants, if desired by the individual.

Optional Services: States may also provide the following:

- Transition costs, such as the first month's rent; rent or utility deposits; and kitchen supplies, bedding, and other necessities for an individual to move from a nursing facility to the community.
- Coverage for additional items noted in an individual's care plan that will increase independence or substitute for personal assistance.

Excluded:

- home modifications
- room and board
- medical supplies
- assistive technology (except items that would meet the definition of back-up systems to ensure care continuity).